MALARIA VERSUS YOU

PROTECT YOURSELF.

1. Sleep under a long-lasting insecticide-treated net every night.
2. At first signs of fever, go to a health center for malaria testing and treatment.
3. Take only prescribed ACTs.
4. Encourage pregnant women to seek antenatal care to protect their unborn babies from malaria.

CECAFA has joined United Against Malaria because footballers, fans, and families cannot thrive when they suffer from malaria, a preventable and treatable disease that kills a child every 45 seconds. We have the tools and the momentum. Now we need you. www.unitedagainstmalaria.org

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