GoaL!

2013 Orange Africa Cup of Nations

We have the tools and the momentum. Now we need you!

quiz, interviews, exclusive photos and tips from the pros on how to beat malaria

Africa’s biggest stars unite to kick out malaria

One team. One goal. United, we can beat malaria. United Against Malaria
January/February 2013

Didier Drogba
Côte d’Ivoire team captain, UAM champion

Gervinho’s gift
CAF vs. Malaria
A president gets the “Golden Boot”
UNITED, WE CAN BEAT MALARIA.

ONE TEAM. ONE GOAL.

Malaria is a disease caused by parasites transmitted to humans through the bite of an *Anopheles* mosquito. If left untreated, its flu-like symptoms—fever, headache, fatigue, shivering, nausea and vomiting—can lead to coma and death. Approximately half of the world’s population is at risk of malaria. Malaria kills a child in Africa every minute and nearly 655,000 people annually. More than 90% of malaria deaths occur in Africa, mostly children under five years of age. Malaria costs the continent at least US $12 billion in lost productivity every year. Malaria is preventable and treatable. Simple tools like insecticide-treated nets, effective medicines and safe indoor spraying can save lives.

Founded ahead of the 2010 World Cup in South Africa, United Against Malaria (UAM) is an alliance of football teams, celebrities, health and advocacy organizations, governments and corporations that have united together against malaria. As part of the Roll Back Malaria (RBM) Partnership, UAM is made up of over 200 partners from diverse sectors and continents who invest their experience, time, funds, skills and enthusiasm because they share a common goal: to end malaria deaths by 2015.

Learn more at www.UnitedAgainstMalaria.org.

We wish to thank our sponsors. © 2012 Johns Hopkins University Center for Communication Programs
Africa’s top footballers join the fight against malaria

To prevent malaria in his hometown, Ivorian footballer Gervinho donated hundreds of insecticide-treated bednets to an orphanage in Abobo, Côte d’Ivoire. He urged children and community members to sleep under the nets every night. He also appeared in a PSA, just like fellow Ivorians Didier Drogba and Kolo Touré.

Above, from left to right: Samuel Eto’o of Cameroon, Asamoah Gyan and the Ghana Black Stars, and Steven Pienaar of South Africa have appeared in PSAs.

The continent’s best footballers are reaching out to fans to kick malaria out of Africa. Since the 2010 World Cup in South Africa, stars from Benin, Cameroon, Cote d’Ivoire, Equatorial Guinea, Ghana, Malawi, Mali, Nigeria, Senegal, South Africa, Tanzania, Uganda and Zambia have appeared in public service announcements (PSAs) and on billboards. Their message: Protect yourself and your family from malaria.

Every 60 seconds, a child in Africa dies of malaria. That’s in the course of a regulation football match.

Coaches’ tips: Stay in the game. Protect yourself and your family from malaria.

Sleep under a long-lasting insecticide-treated net every night.
At first sign of fever, go to a health center for testing and treatment.
Pregnant women should seek antenatal care early.
If available in your area, participate in indoor residual spraying campaigns.

United Against Malaria thanks and recognizes the following football champions who have supported the campaign: Louis Delgado, Angola • Ze Kalanga, Angola • Kali, Angola • Ogundiyi Muri Ola, Benin • David Djigla, Benin • Koukou Djiman, Benin • Bakari Kone, Burkina Faso • Charles Kabore, Burkina Faso • Samuel Eto’s, Cameroon • Stephane Mbia Etoundi, Cameroon • Joseph Antoine Bell, Cameroon • Prince Oniangue, Republic of the Congo • Didier Drogba, Cote d’Ivoire • Gervinho, Côte d’Ivoire • Emmanuel Eboué, Côte d’Ivoire • Kader Keita, Côte d’Ivoire • Boubacar Barry Copa, Côte d’Ivoire • Bakari Kone, Côte d’Ivoire • Kolo Touré, Côte d’Ivoire (continued, pgs 6-7)

Super Eagles captain Joseph Yobo led his team to victory over Liberia to qualify for AFCON 2013. He also led his team to become UAM champions in Nigeria, which suffers heavily from malaria. “Having malaria as a top footballer can be a challenge to my career,” he says. “This is why I make sure I and my family sleep inside insecticide-treated nets to protect us from malaria.”

At left, Chris Katongo, captain of the Zambia team (shown with the Minister of Health), has starred in PSAs for UAM. “As a team we are well aware of the dangers of malaria,” Katongo says. “If one of us falls ill from the disease he is not able to play and the whole squad suffers. That’s why it’s critical that we all do our part to fight this preventable disease.”

At right, Ethiopia captain Degu Debebe led his team to victory over Liberia to qualify for AFCON 2013. He also led his team to become UAM champions in Nigeria, which suffers heavily from malaria. “Having malaria as a top footballer can be a challenge to my career,” he says. “This is why I make sure I and my family sleep inside insecticide-treated nets to protect us from malaria.”

“I know it seems crazy, but we just HAVE to win.”

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## Top 10 African footballers of all time

1. George Oppong Weah, Liberia
2. Abedi Pele, Ghana
3. Roger Milla, Cameroon
4. Samuel Eto’o, Cameroon
5. Didier Drogba, Côte d’Ivoire
6. Dolmi Abdel Majod, Morocco
7. Kalusha Bwalya, Zambia
8. Samuel Osei-Kuffuor, Ghana
9. Nwankwo Kanu, Nigeria
10. Jay-Jay Okocha, Nigeria

“I have been a victim of malaria and have witnessed first-hand the devastating effects it can have on individuals and families. We need malaria out of the game. Using the popularity of football to increase awareness of prevention and treatment methods will go a long way in the fight to show malaria the red card.”

Didier Drogba
Côte d’Ivoire national team captain and UAM champion

“Across the continent, football dominates the hearts and minds of children and parents alike. So does malaria—the cause of 174 million illnesses and 655,000 deaths every year. We have united to utilize the power of football to fight malaria, and we hope our fans will join us.”

Samuel Eto’o
Cameroon national team captain and UAM champion

### 2013 ORANGE AFRICA CUP OF NATIONS

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**FINAL | 10.02 | MATCH 32 |**

(Winner 29) **VS.** (Winner 30)

Coaches’ tips: Stay in the game. Protect your family from malaria.

Sleep under a long-lasting insecticide-treated net every night.

At first sign of fever, go to a health center for testing and treatment.
Join the winning team on Facebook!
www.facebook.com/unitedagainstmalaria

we can beat malaria.

“I am honored to be a champion for this cause. It is unacceptable that malaria kills one child in Africa every minute. We can take such simple steps to prevent and treat this disease.”

Steven Pienaar
South Africa national team former captain and UAM champion

- Pregnant women should seek antenatal care early.
- If available in your area, participate in indoor residual spraying campaigns.

| 20H00 | Johannesburg | ___ - ___ |

DATE MATCH TEAMS TIME PLACE SCORE

QUARTER FINALS

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3RD PLACE MATCH

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Big challenges, big wins: federation presidents talk malaria and football

“Our national team and local clubs have often used their games and the popularity of football at large to spread malaria prevention messages. Everyone in Ghana loves football, and everyone needs to be protected from malaria. Let’s win the 2013 Orange Africa Cup of Nations; let’s win the fight against malaria! We know our engagement in malaria control has helped remind our leaders of the need to strengthen their commitment to this course and accelerate successes in fighting this disease.”

“I am positive our success on the football field has been severely held back by malaria. More importantly, though, is the impact malaria has on our friends and families. I believe it is our duty as national football teams to do all we can to help stop deaths from this disease. I would ask my counterparts to do just one thing this year, help educate the public on the dangers of malaria.”

“Zambia is on the road to malaria elimination. I know that quick proper malaria treatment at a hospital or health center is very important. My players are protected and healthy. We are ready to keep the title at the 2013 Orange Africa Cup of Nations!”

“Malaria is a bane that affects our continent. It is each African’s duty to rally to the cause of its eradication. Together, Unicef and United Against Malaria are launching a campaign during the 2013 Orange Africa Cup of Nations to encourage the use of long-lasting insecticide-treated nets. The Ivorian Football Federation and the Elephants of Côte d’Ivoire support this action to win the game of life against malaria.”

United Against Malaria thanks and recognizes the following football champions who have supported the campaign:

- Yaya Toure, Côte d’Ivoire
- Salomon Kalou, Côte d’Ivoire
- Laurent Pokou, Côte d’Ivoire
- Muteba Kidiaba, DR Congo
- Marcel Mbayo Kibemba, DR Congo
- Rodolfo Bodipo, Equatorial Guinea
- Degu Debebe, Ethiopia
- Jordan Ayew, Ghana
- André Ayew, Ghana
- Asamoah Gyan, Ghana
- Michael Essien, Ghana
- Stephen Appiah, Ghana
- Denis Ollech, Kenya
- Chiukepo Msowoya, Malawi
- Frederic Oumar Kanoute, Mali
Know your foe
Take this quiz to test your knowledge

1. What should you do when you have a fever?
   a. Assume you have malaria and take malaria medication
   b. Get tested for malaria
   c. Stay in bed
   d. Do nothing until you are really sick

2. When you have malaria, which of the following aspects of your life are affected?
   a. Health and well-being
   b. School or work attendance
   c. Personal finances
   d. All of the above

3. Who is most likely to suffer most from malaria?
   a. Men
   b. Pregnant women
   c. Children under 5
   d. b and c

4. When should you use your nets?
   a. Rainy season
   b. Dry season
   c. Every night
   d. All of the above

5. What transmits malaria?
   a. Anopheles mosquito
   b. Standing water
   c. Beer
   d. Unclean environment

6. How can you prevent and treat malaria?
   a. Sleep under a long-lasting insecticide-treated net every night
   b. Go to a health center at first signs of fever
   c. Complete your entire dose of malaria medication
   d. All of the above

7. Why must pregnant women go to a health center at least two times during their pregnancy?
   a. They will need to show the nurses they can still walk
   b. They will be given a mosquito net
   c. They will be given SP to prevent malaria in their unborn baby
   d. b and c

Bonus question: Name the past five champions of the Africa Cup of Nations.

Captain's Corner
A long-lasting insecticide-treated net can provide protection against mosquitoes for up to four years, but in the same way that football players need to maintain their strength and skills on the pitch, the net must be kept in good condition to be effective.

Didier Drogba
Côte d'Ivoire captain, UAM champion

How do I care for my net?
• When not in use, roll up or tie up the net, and keep it out of children’s reach.
• Do not soil your net with food to avoid attracting rats.
• Inspect your net regularly for small holes.
• Hang the net with care, and avoid hanging it against rough or sharp surfaces.
• Enter the net carefully every night.
• Do not re-treat your net. Nets distributed in the past 5 years are long-lasting insecticide-treated nets and do not need to be retreated, even after washing.

How do I repair my net?
• Inspect nets often to find any small holes.
• Do not wait for small holes in your net to get bigger, repair holes immediately. Small tears are easier to repair than big ones.
• To repair a net you can stitch, patch or tie the holes and tears.
• You can stitch holes and tears using a simple needle and thread.
• You can patch holes and tears using any cloth material and a simple needle and thread.
• You can also tie a knot in tears and holes to close them.

Adama Coulibaly, Mali • Seydou Keita, Mali • Bakaye Traore, Mali • Momo Sissoko, Mali • Souleymane Diamountene, Mali • Chico Chave Conde, Mozambique
Joseph Yobo, Nigeria • Ismaeul Taye Taiwo, Nigeria • Victor Moses, Nigeria • Vincent Enyeama, Nigeria • Moussa Sow, Senegal
Souleymane Diawara, Senegal • Steven Pienaar, South Africa • Mark Fish, South Africa • Shaun Bartlett, South Africa
John Bocco, Tanzania • Kig Makasi, Tanzania • Shabdan Nditi, Tanzania • Juma Kaseja, Tanzania • Andrew Mwesigwa, Uganda • Chris Katongo, Zambia
We have the tools and the momentum. Now we need you.

Clockwise, from top left: Emmanuel Adebayor, Togo team captain; Moussa Maâzou, Niger team captain; Gervinho, Cote d’Ivoire footballer; Charles Kabore, Burkina Faso team captain; Bongani Khumalo, South Africa team captain.

Below, right: Lomana LuaLua, DR Congo

**PROTECT A CHILD FROM MALARIA**

Available for purchase at Clicks pharmacies or www.UnitedAgainstMalaria.org, the UAM bracelet shows your commitment to the fight against malaria and raises funds for mosquito nets in Africa.

Sleep under a long-lasting insecticide-treated net every night. • At first sign of fever, go to a health center for testing and treatment. • Encourage pregnant women to seek antenatal care. • If available in your area, participate in indoor residual spraying campaigns.

“**When something is important to you, why take chances?”**

**Coaches’ tips: Stay in the game. Protect your family from malaria.**

**Shrinking the malaria map**

Several African countries are on their way to eliminating malaria, including South Africa, Namibia and Botswana. Others, such as Ethiopia, Lesotho, Rwanda, Senegal and Zambia have come far.

Source: University of California San Francisco Global Health Sciences.

When something is important to you, why take chances?

Join the winning team at www.UnitedAgainstMalaria.org. www.facebook.com/unitedagainstmalaria